## St Paul's Newsletter - Spring 26.01.24





Safguarding Team: Julieanne Taylor – Headteacher and Designated Safeguarding Lead
Linda Tritton – Deputy Designated Safeguarding Lead

#### Headteacher's Message

Dear St Paul's Families,

We are definitely finishing this week on a high today with no child late to school for the first time since 5th September 2023. This is a brilliant result and should be the norm, not the exception, and is something we are keen to build on going forward. Therefore, please allow additional time to travel to school in the coming weeks as there are signal replacement works due at the level crossings in Wokingham. The crossing at Wokingham station will close from 22:00 today until 04:00 on 19th February, while the crossing at Easthampstead Road will close from 22:00 on 2nd February, reopening again at 04:00 on 19th February. Please factor this into your travel plans so that your child is able to have a calm, orderly start each day. For more information regarding the closures, please follow the link.







What a great way to end the week - the School Council came up with the idea of combining a non-uniform day with a bad hair event and what a lot of fun it was! Thank you very much for your donations so far. A number of the children have asked if they will be able to bring forgotten money in on Monday, yes of course, we will add it to today's total of £527.34. Thank you to the children, (parents) and staff who went all out to join in the fun. The winning head from each year group will receive a prize in Monday's assembly.











Well done to the children of 6B for this morning's assembly. Although unable to attend, I have it on very good authority that it was an excellent and informative presentation, including information about the work of the Woodland Trust. The children also wowed their audience with the quality of their writing and examples of some of their art work.

Have a lovely weekend, everyone - Mrs. Taylor

#### **Online Safety**

This week, we have had several children feel uncomfortable about something they have seen posted in a group chat involving their peers, which is why we always strongly advise parents regularly check their child's devices to prevent them from being exposed to anything upsetting or inappropriate. It is also important your child knows how to block and report problems on any platform you permit them to use.

### Time to Talk Day 1st February 2024



Time to Talk Day is held at the beginning of February every year. It is about helping people and communities to come together to have the nation's biggest mental health conversation. It's not always easy to tell people how you really feel. Sometimes it's easier to just say we're 'fine' than to open up. But an open conversation can be the first step towards better mental health.

1 in 4 of us will experience a mental health problem in any given year. Too many of us are made to feel isolated, worthless and ashamed because of this. Combined with a relentless news cycle and cost of living crisis is only making it harder to look after our mental health. Talking openly and honestly about our mental health is good for our wellbeing and helps bust myths and break down barriers. Listening without judgement when someone opens up to you has the power to change a life.

Time to Talk Day is run by Rethink Mental Illness and Mind, delivered in partnership with Co-op for the third year running. For more information and helpful resources, follow this <u>link.</u>

#### Children's Mental Health Week 5-11 February 2024



The theme for this year's Children's Mental Health Week is 'My Voice Matters' and is all about empowering children by providing them with the tools they need to express themselves. You play an important role in your child's mental health and there is a wealth of resources available for families to take part at home. They include tips for parents, including sentence starters, and an advice poster for children full of strategies to use if they are feeling worried Resources

#### **Forest School News**

We started the week welcoming 3B to the woods. They all became nature detectives armed with their magnifying glasses and found worms, centipedes and slugs in various habitats across the woodland. Our afternoon groups have been learning how to light fires using the flint and steels. While some practiced this skill for the first time, others progressed their learning by accepting a fire lighting challenge.

During our reflection, the children recognised the following school values that they had shown throughout the afternoon: we are determined and resilient, we encourage and we collaborate, we have a voice and we listen to







29/01	05/02	19/02	26/02	04/03	11/03	18/03	25/03	26/03
4P	<b>6T</b>	5K	3D	4B	6B	5D	3H	4R



St Paul's is a **nut free school** and as a number of our pupils have severe nut allergies, please ensure that your child does not bring any food item into school which contains nuts. If you are unsure, please check the ingredients or leave it to be enjoyed at home – thank you.

#### **Dropping Off Items**

Please don't not worry if your child forgets their water bottle, packed lunch or pencil case. We can provide them with the things they require for the day that they may have forgotten. We do not call home for any forgotten PE kits and if we have any available kit we will offer it to your child.

#### **PE Reminder**

#### Indoor PE

On indoor PE days, pupils should come to school in uniform, bringing their kit with them to change into.

#### **Outdoor Games**

All classes will have Games on Thursday. Pupils should come to school dressed in PE kit (navy or black shorts or tracksuit, plain white t-shirt). Games lessons take place every week in all but the most extreme weather and, therefore, we ask that pupils bring their uniform too, in case they have to change into dry clothes.

Indoor PE					
Monday	Tuesday	Wednesday	Friday		
5D 3D 6S	5K 6B 4P	5M 3B 3H	6T 4B 4R		

Outdoor Games		
Thursday – all classes		

#### **Active Travel to School Competition**

My Journey, Wokingham, are asking primary school age children in the Borough to either draw or take a picture of something they like about walking, cycling or scooting to school, with a short explanation of why the like it. They ask parents to send their children's entries to us at myjourney@wokingham.gov.uk

The prizes for this competition are: a family ticket to Reading Football Club; a family swim ticket at Places Leisure; a Move More class at Places Leisure.

The closing date for the competition is 21<sup>st</sup> February 2024.

#### **Reading Football Club Schools Fixture**

You have been invited to Reading Football Club's 3rd Schools and Grassroots Fixtures of 2023-24!

#### When?

Reading vs Leyton Orient Saturday 27<sup>th</sup> January 2024, 3pm

#### Where?

Select Car Leasing Stadium

#### How to qualify for the discount and confirm your attendance?

We would be delighted if you could join us for our 3<sup>rd</sup> schools and grassroots fixture of 2023-24. And as part of our special invitation, we would like to offer the below discounted prices:

12 and Under: £1 17 and Under: £3 18 to 24: £5 65 and over: £5 Adult: £10

To redeem, please visit <a href="https://ticketing.readingfc.co.uk">https://ticketing.readingfc.co.uk</a> and enter the following unique coupon code: #StPaulsCE in the basket once you have logged in and selected your tickets.

How many tickets can we purchase?

There is no limit on the number of tickets you can buy using your unique code. And, for every ticket which is purchased you will receive one entry in a prize draw for a chance to win a series of 'money can't buy experience' prizes!

**Important!** This offer applies to tickets in the Eamonn Dolan Stand blocks and Y19/Y20 of the Sir John Madejski Stand. Coupon codes are valid up until 4 hours before kick-off.

If you have any questions about either offer, please email <a href="mailto:sales@readingfc.co.uk">sales@readingfc.co.uk</a> or call 0118 968 1313.

#### JAG Half Term Holiday Club

Join JAG this February Half Term!

Action-Packed Holiday Club delivered by JAG throughout the February Half Term!

This February Half Term join JAG's World Explorers Holiday Club programme! From cultural crafts to themed explorations, and interactive global challenges, there's something exciting for every young explorer! JAG are committed to providing a lively and enriching environment that resonates with the inquisitive spirit of your young World Explorers. It's not just a theme; it's a reflection of their dedication to making learning an exciting and memorable adventure for every child.

Secure your child's spot in advance and enjoy significant savings!

Unlock a Weekly Booking Discount if you book a full week (Mon-Fri) - automatically applied at checkout!

Book Now: https://www.junioradventuresgroup.co.uk/holiday-clubs/

Learn More: https://www.junioradventuresgroup.co.uk/holiday-clubs/whats-on/

#### **Handwriting Pens**

Every child is issued with a Handwriting Pen, which is replaced when the ink runs out. If your child has lost or broken their pen, a replacement can be purchased for 50p via SCOPAY. **We are a cashless school and only able to process online payments, so please do not send cash into school.** We encourage children to clearly label their pen to avoid it being misplaced.

#### **Absence Reporting**

If your child is not able to attend school due to illness, parents are asked to email <a href="mailto:absence@stpauls.wokingham.sch.uk">absence@stpauls.wokingham.sch.uk</a>
by 8.15am each day of the absence. Please ensure your child's name, class and symptoms; stating that your child is 'unwell' is not sufficient information for our records.

Next Week				
Thursday 1st February	Time to Talk Day			
Friday 2 <sup>nd</sup> February	6T Class Assembly			
Diary Dates				
Monday 5 <sup>th</sup> February	Online Booking for Parents' Consultations closes 7pm			
Monday 5 <sup>th</sup> – Monday 11 <sup>th</sup> February	Children's Mental Health Week			
Wednesday 7 <sup>th</sup> February	6S Class Assembly			
Friday 9 <sup>th</sup> February	Break up for Half Term – 3.30pm finish			
Monday 19 <sup>th</sup> February	Return to school after Half Term			
Tuesday 20 <sup>th</sup> / Wednesday 21 <sup>st</sup> February	3.50pm-7.00pm Parents' Consultations			
Tuesday 12 <sup>th</sup> March	Y5 Winchester Science Museum Trip			



## **World Explorers**

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Brain Boosters	Around the World Quiz	Learn a Language	STEM Building Challenge	Create a Compass	World Puzzles
Global Kids	Cultural Storytelling	Cultural Food Tasting	Aboriginal Dot Art	Chinese Koi Fish Watercolours	3D African Masks
Creative Inventors	Fly the Flag	DIY Cultural Costumes	Create your own Passport	Map Making	Binoculars
Splash Zone	World Water Games	Japanese Origami Boats	African Painted Rain Shakers		
<ul> <li>Zen Masters</li> </ul>	Yoga around the World	Clobal Meditation	World Soundscapes	Nature Mandale	Mindful Maps
Super Sports	international Sports Day	Mini Olympics	JAG World Cup	Cultural Dancing	Cultural Games
Power Teams	Around the World Scavenger Hunt	World Trivia	Team Mural	Parachute Games	Worldly Balloon Pop
JAG Games	Archery Adventure	Olympic Rings Relay	Limbo	International Yoga Challenge	Crazy Hat Parade

# **New Members Swimming Trial**



TUESDAY 13TH FEBRUARY 2024 AT ST GEORGE'S SCHOOL, ASCOT

FOR CHILDREN BORN BETWEEN 1ST JANUARY 2015 TO 31ST AUGUST 2018

TO SIGN UP CONTACT BWSCTRIALS@GMAIL.COM OR 07709 183631



## Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

#### Week 1 - An introduction to Autism

An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.

#### Week 2 - Communication

Identifying what communication is and the different communication methods that may be helpful for Autistic children.

#### Week 3 - Sensory Processing

Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.

#### Week 4 - Pathological Demand Avoidance

A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

# Workshops will be held on a Monday evening from 7:30-8:30pm via Zoom.

You can benefit from all 4 workshops for just £100 and you will receive a certificate of attendance after the final workshop.

We are only running the 4-week programme in February, March and April.

**To book your place...**Email <a href="mailto:enquiries@theautismtrainingnetwork.com">enquiries@theautismtrainingnetwork.com</a> with the month you would like to attend, and you will be sent the link to book on.

