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HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/wbc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.
We hope your child enjoys our new menus.



www.mycaterlink.co.uk/wbc

In Partnership with:



Please visit the website for current updates



**WOKINGHAM
BOROUGH COUNCIL**

FRESH



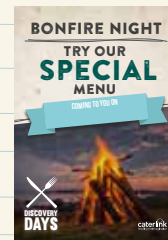
HEALTHY



TASTY



DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?



Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.



ONE

TWO

THREE

AVAILABLE
EVERY DAY...

MONDAY

31 August, 21, September, 12 October,
9 November, 30 November, 21 December**Beef Meatballs in a Tomato & Onion
Sauce served with Wholegrain Rice**
Vegetable Enchiladas
served with Wholegrain Rice

Peas & Sliced Carrots

Cheese & Crackers
Yoghurt / Fresh Fruit Salad**Ham & Pineapple Pizza served
with Sauté Potatoes**
Margarita Pizza served
with Sauté Potatoes

Green Salad & Sweetcorn

Fresh Fruit & Ice Cream
Yoghurt / Fresh Fruit Salad**Roast Chicken served
with Roast Potatoes & Gravy**
Creamy Vegetable Country Pie served
with Roast Potatoes & Gravy

Savoy Cabbage & Fresh Carrots

Iced Lemon Drizzle Cake
Yoghurt / Fresh Fruit Salad**Pork Sausage served
with Mash & Gravy**
Veggie Sausage served
with Mash & Gravy

Fresh Broccoli Florets & Fresh Cauliflower

Sticky Toffee Apple Crumble & Custard
Yoghurt / Fresh Fruit Salad**Jumbo Fish Fingers served
with Chips & Tomato Sauce**
Cheese & Tomato Quiche served
with Chips & Tomato Sauce

Baked Beans & Peas

Chocolate Oaty Square
Yoghurt / Fresh Fruit Salad

TUESDAY

7 September, 28 September, 19 October,
16 November, 7 December**Jacket Potato served with Savoury
Minced Beef Filling**
Macaroni Cheese served
with Garlic Bread

Peas & Sweetcorn

Jam Tart & Custard
Yoghurt / Fresh Fruit Salad**Mediterranean Chicken served
with Wholemeal Pasta**
Lentil & Sweet Potato Curry served
with Wholegrain RiceCourgette & Leek Medley
Fresh Carrots**Marbled Sponge & Custard**
Yoghurt / Fresh Fruit Salad**Roast Pork Loin served
with Roast Potatoes & Gravy**
Shepherdess Pie served with Gravy
Fresh Carrots & Fresh Cauliflower**Cheese & Crackers**
Yoghurt / Fresh Fruit Salad**Turkey Lasagne served
with Tomato Bread**
Vegetable & Pasta Medley served
with Tomato Bread

Mixed Salad & Fresh Broccoli

Beetroot & Chocolate Brownie
Yoghurt / Fresh Fruit Salad**Salmon Fish Fingers or Battered Fish
served with Chips & Tomato Sauce**
Spanish Omelette served
with Chips & Tomato Sauce

Baked Beans & Peas

Toffee Crispy
Yoghurt / Fresh Fruit Salad14 September, 5 October, 2 November,
23 November, 14 December**Beef Spaghetti Bolognese**
Vegetable Chilli served
with Wholegrain Rice

Peas & Sweetcorn

Chocolate Shortcake
Yoghurt / Fresh Fruit Salad**Chicken & Leek Tart served
with Herby Potatoes**
Vegetable Frittata served
with Herby Potatoes

Fresh Broccoli & Fresh Carrots

Golden Syrup Sponge & Custard
Yoghurt / Fresh Fruit Salad**Roast Turkey Served
with Roast Potatoes & Gravy**
Glamorgan Sausage served
with Roast Potatoes & Gravy
Savoy Cabbage & Fresh Cauliflower**Fruit Jelly**
Yoghurt / Fresh Fruit Salad**Beef Burger in a Bun served
with Potato Wedges & Tomato Relish**
Spicy Bean Burger served
with Potato Wedges & Tomato Relish

Green Salad & Mexican Corn

Eves Pudding & Custard
Yoghurt / Fresh Fruit Salad**Fish Fingers served
with Chips & Tomato Sauce**
Vegetable Wrap served
with Chips & Tomato Sauce

Baked Beans & Peas

Flapjack
Yoghurt / Fresh Fruit Salad

WEDNESDAY

THURSDAY

FRIDAY

Jacket Potatoesfreshly cooked daily where
advertised with a choice of fillings**Bread**

freshly baked on site daily

Daily salad selectionthere will be a selection of salad
items available daily**Fresh Fruit & Yoghurt**

available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food StandardsWe hope your child enjoys
our new menus.Menus could be subject to
local change, please check
your child's school for any
bespoke changes.

Vegetarian option



Oily fish

**Marine Stewardship
Council details**
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009