CUES© Parent Group

Coping with Uncertainty in Everyday Situations for Parents of Autistic Children

**Highwood Primary School | Mondays**

**| 09:15-11:15 | Starting 13th January 2025 |**

**| 8 weeks (excluding half term) |**

Parenting is probably the hardest job you will ever do and having an autistic child who struggles with uncertainty comes with its own challenges. Are you:

* A screenshot of a computer

  Description automatically generatedThe parent/carer of a child in Year 2, 3 or 4 with an ASC diagnosis (or on the pathway for assessment)?
* Does your child struggle with new or uncertain situations?
* Would you like to help your child tolerate uncertainty more effectively?
* Would you like to meet other parents with similar difficulties?

**Why not attend our friendly CUES© parent course!**

* Access the course by completing the referral form available from your school and emailing it to [mhstadmin@wokingham.gov.uk](mailto:mhstadmin@wokingham.gov.uk) by Friday 6th December stating how many parent/carers wish to attend the course, and a friendly course facilitator will be in touch to arrange an introductory phone call.