

# Liddington PGL 2024



# Aims

- ▶ Arrangements for the Tuesday morning
- ▶ What to take
- ▶ The week at Liddington
- ▶ Special requirements/ medication
- ▶ Return on Friday
- ▶ Questions

# What is it like at Liddington?

# Tuesday 15th October

- ▶ Children to arrive at school at normal time, dressed for their first activity;
- ▶ Main luggage to be left in designated areas of the playground for either coach A or B;
- ▶ Children to take their day bags with them into the classrooms;
- ▶ Adults hand in medication in named envelopes to the adult in the library;
  - ▶ Travel sickness tablets to be taken before coming to school;
  - ▶ Coaches leave school at approximately 10:30.

Schedule	Activities
07.00 - 08.50	Get up, get ready and breakfast
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Lunch and some free time
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Dinner and some more free time
19.00 - 21.00	Evening entertainment
21.00 / 21.30	Bedtime.

# What to take on the coach

## Hand luggage (small rucksack)

- ▶ Packed lunch (disposable)
- ▶ Re-fillable water bottle (no glass/cans)
- ▶ Waterproof jacket
- ▶ Puzzle book/colouring/card game
- ▶ Medication (Inhalers/epi pens)



# What to take

## Main Bag (one wheeled holdall/suitcase)

- ▶ Luggage tag with child's name and labelled coach A or B;
- ▶ Children need to be able to carry their own luggage;
- ▶ All clothing and equipment must be named;
- ▶ Please do not pack:
  - aerosols;
  - electricals (including phones);
  - or sweets/snacks.

# Clothing

- • 4 pairs of trousers/ tracksuit bottoms (no jeans)
- • 2 sweatshirts/ fleece tops
- • Warm waterproof jacket (essential)
- • waterproof trousers, if you have them
- • water shoes (if you have them otherwise an old pair of trainers)
- • warm coat
- • 2 pairs of trainers (one to be worn on the journey), including one pair for wet or muddy activities
- • 3 t-shirts (preferably long sleeved)/warm shirts
- • several changes of underwear and socks
- • pyjamas
- • 2 bath towels (one for water sports)
- • gloves, hat and scarf
- • toilet bag (flannel, soap, toothbrush, toothpaste, shower gel, non-aerosol deodorant etc.)

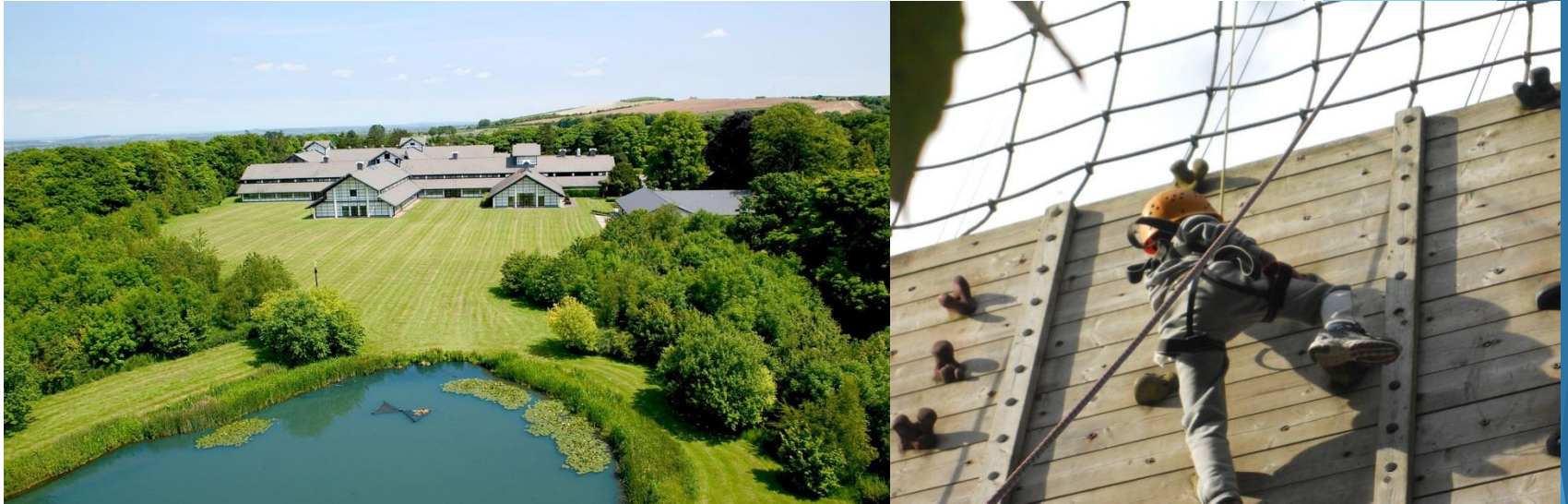


# Equipment

- Packed lunch in disposable bag for Tuesday\*
- small bag or daysack\*
- reuseable water bottle\*
- torch
- pocket money (no more than £10) in a named purse  
(To be given to their group leader)
- small notebook
- bin bag for wet/muddy clothes or shoes! \*
- reading book, small card games

*\*not optional!*

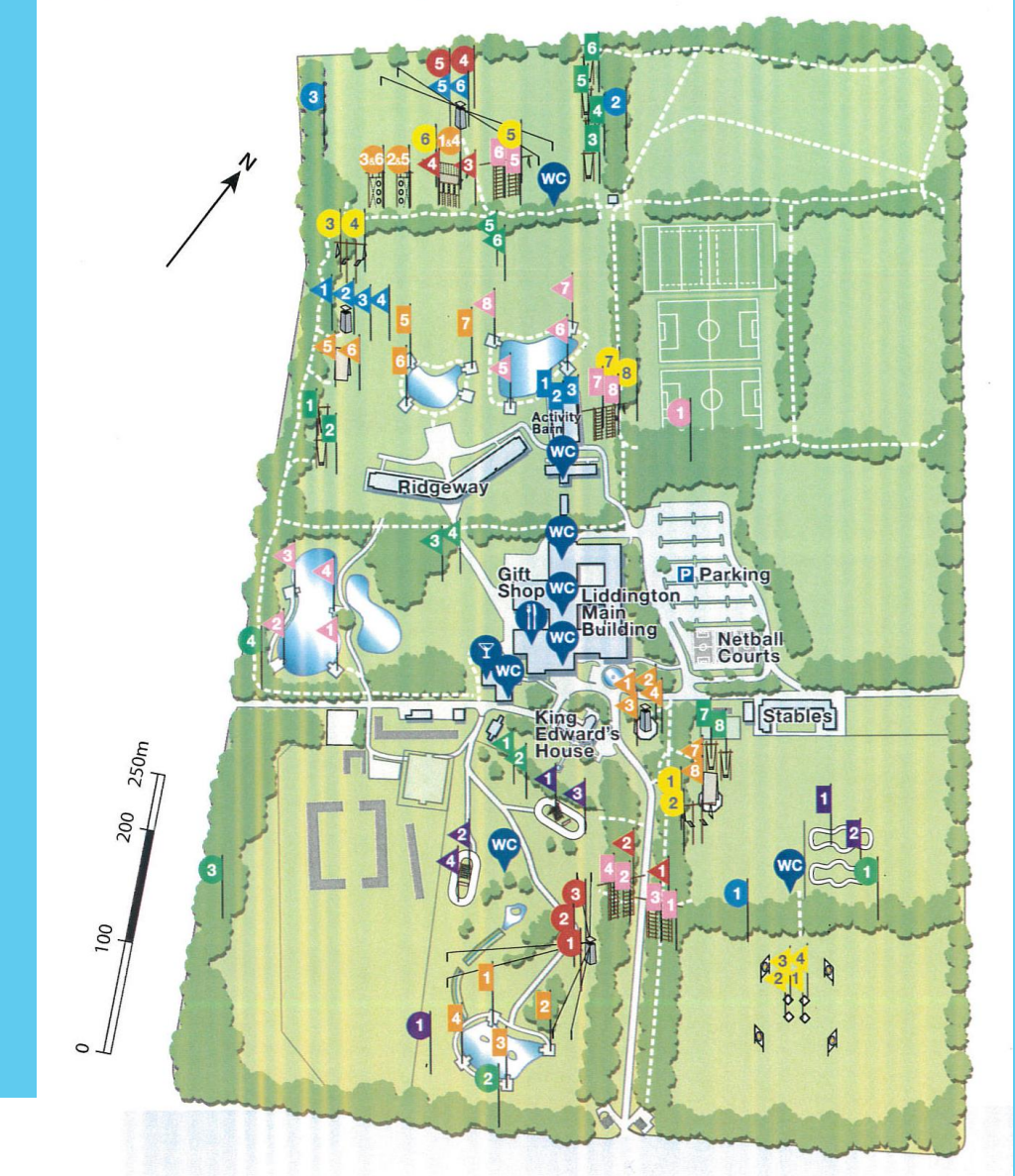
# Liddington



- Rooms this year are 4 children
- Activity groups of between 11 and 12 children
- 4 activity sessions per day + 1 evening activity

# Possible Activities

- ▶ Aeroball
- ▶ Sensory Trail
- ▶ Survivor
- ▶ Abseiling
- ▶ Trapeze
- ▶ Archery
- ▶ Zip Wire
- ▶ Orienteering
- ▶ Giant Swing
- ▶ Raft building
- ▶ Buggy building



# Friday 18<sup>th</sup> October

- ▶ Our return to school is TBC we are hoping for them to arrive back at school before 3pm.
- ▶ The children should be collected promptly from the playground;
- ▶ Please note: there will be no parking on the playground.

# COVID and Safety

- ▶ PGL have their own COVID risk assessment which follows the Department for Education guidance and is published on their website.
- ▶ Procedures such as cleaning and ventilation are also in place throughout the centre.

**Any questions?**

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the frame, creating a modern, dynamic feel. The rest of the background is plain white.