

# Thames Valley Running League (TVRL)

Sent By: Mrs Z Deen

Sent 18 Sep 2019 11:51

Thames Valley Running League (TVRL) Cross Country Running Races.

St Paul's is a member of the Thames Valley Running League (TVRL) which includes a total of 25 local schools divided into two divisions. There are four different races held over the season between October and February. The season culminates in a relay event where all children who have raced during the season will be invited to participate. At St. Paul's we offer all children the opportunity to represent the school at one or all of the races. Prior to each race we will send information via ParentMail with the date of the next race and a form to complete to register your child's interest in running the race. Whilst we aim to take all the children who wish to take part in the event if there is too much interest we will draw the names out of a hat during assembly. Following the initial registration assuming your child is successful in gaining a place we will then send full details of the event.

Generally children will need to be collected at 12.30pm and should bring a packed lunch on that day to eat in the car en route to the race. All parents will need to transport their children to the event and are responsible for managing their behaviour whilst they are there. We also expect all parents to offer to marshal at least one race during the season. It is a condition of entry that all schools provide two marshals for each event and it is not fair for the same parents to fulfil this role. Each school is also expected to organise one of the races. St. Paul's will be organising the race at Braywick Park and so will need as many parents as possible to help out at this race.

The races for this season are as follows:

10<sup>th</sup> October 2019 – Bluecoat School, Sonning

14<sup>th</sup> November 2019 – Lightwater Country Park (M3 Junction Bracknell/Lightwater)

16<sup>th</sup> January 2020 – Black Park, Slough

27<sup>th</sup> February 2020 – Braywick Park, Maidenhead.

19<sup>th</sup> March 2020 – Relays

Please complete the form in the forms section of ParentMail to register your child's interest in participating in the first race at Bluecoat School on 10<sup>th</sup> October.

Yours sincerely

Mrs C Foster