## **Claire Foster Indoor Athletics Club**

07971 381499 claireboyington@gmail.com



I have been a Running and Athletics coach for over 13 years and in that time have seen children progress and develop their enjoyment of running and athletics. I used to coach the girls endurance squad at Bracknell as well as managing the young coaches programme however unfortunately I don't have enough time any more. I am also the PE and Games Coordinator at St. Paul's. I am passionate about ensuring all children have access to a variety of different physical activities both within the curriculum and also extra-curricular activities in order to develop healthy habits for life.

## Indoor Athletics club is held on Thursday mornings from 7:45am - 8:30am.

The children enter through the office in their sports-wear. They must bring their school uniform with them to change after the club. Children may also bring a healthy snack to have after the club if they wish. Please can they have clean trainers.

**Spring Term Dates – Thursday 7:45-8:30am** 8/1, 15/1, 22/1, 29/1, 5/2, 12/2 **19/2 (HT)** 26/2, **5/3 - (No club – parent consultations)** 12/3, 19/3

The price for the term is £70 - To book please pay the fee to the account details as follows:

(Please ensure you put the last name and class of the child in the reference)

Nationwide – Mrs C Foster Sort Code: 07 02 46

Account No: 33477549

Once you have paid, please email me to confirm your registration and your

child's name will be added to the register.