

## Claire Foster Indoor Athletics Club

07971 381499

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*I have been a Running and Athletics coach for over 13 years and in that time have seen children progress and develop their enjoyment of running and athletics. I used to coach the girls endurance squad at Bracknell as well as managing the young coaches programme however unfortunately I don't have enough time any more. I am also the PE and Games Coordinator at St. Paul's. I am passionate about ensuring all children have access to a variety of different physical activities both within the curriculum and also extra-curricular activities in order to develop healthy habits for life.*

### **Indoor Athletics club is held on Thursday mornings from 7:45am - 8:30am.**

The children enter through the office in their sports-wear. They must bring their school uniform with them to change after the club. Children may also bring a healthy snack to have after the club if they wish. Please can they have clean trainers.

### **Autumn Term Dates – Thursday 7:45-8:30am**

18/9, 25/9, 2/10, 9/10, 16/10, 23/10, 30/10 (HT) 6/11, 13/11, 20/11, 27/11, 4/12, 11/12

The price for the term is £75 - To book please pay the fee to the account details as follows:

(Please ensure you put the last name and class of the child in the reference)

Nationwide – Mrs C Foster

Sort Code: 07 02 46

Account No: 33477549

Once you have paid, please email me to confirm your registration and your child's name will be added to the register.